

FACT

People of
all ages
can be
infected with
COVID-19.



Being young and healthy doesn't mean that COVID-19 does not impact you or that you can't impact others. You may be asymptomatic; however, you can also be a "silent carrier," meaning that you can still infect others while falsely believing that you're in a low-risk group. And, you can still suffer ill effects from COVID-19.

So before you head out to a party or to hang out with a group of friends who are not following safety measures, consider that COVID-19 can attack healthy cells, leading to organ damage, stroke, or worse.

You are in control of your own decisions.

That's why it's so important to wear a mask, wash your hands frequently, and avoid large crowds. Limit your social circle to your roommates, your household, or just a few friends who practice healthy behaviors and good hygiene.