

One seed based on an art card and the prompt about myself

Artist: Arguilar Family *(find this info on the back of each artcard; this is a type of citation)*

Reminds me of:

- going to the farmer's market with my mom when I was young.

Details:

- big, red strawberries
- waiting behind a tall man to look at all the fruit
- red beets that are darker than the red strawberries
- my mom saying I was going to like beets

Seeds can start with turning points or strong feelings:

- a first or last time we did something,
- a time we learned something
- a time we had a problem and discovered a solution

Prompts:

- Which card reminds you of a story about yourself? Why?
- Which card reminds you of your family? Why?
- Which card reminds you of a place you have been? Why?

Fold in half on first day so only 3 prompts are shown

Prompts:

- Which card reminds you of someone you know? Explain.
- Which card reminds you of a time when you felt a strong emotion: sad, happy, embarrassed...? Explain.
- Which card reminds you of something you learned? Explain.